



TSL Indoor Volleyball League WAIVER AND RELEASE OF LIABILITY FORM

NOTE: This form must be read and signed before the Team Saint Louis (TSL, Inc.) Volleyball League member rostered is allowed to take part in any training, competition, practice/warm-up sessions, or testing sessions.

I, THE PARTICIPANT, AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, HAVE READ THIS DOCUMENT AND I UNDERSTAND ITS CONTENTS. I acknowledge that volleyball or any sporting event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury or property loss. With a full understanding of the potential risks, I HEREBY ASSUME THE RISKS OF PARTICIPATING IN OR, OFFICIATING A VOLLEYBALL EVENT.

I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns: a) *I waive, release and discharge* from any and all claims or liabilities for death or personal injury or damages of any kind, *except that which is a result of gross negligence and/or wanton misconduct of persons or entities listed below*, which arise out of, or are related to my participation in, or my traveling to and from the volleyball event, the following persons or entities: TSL, Inc. Volleyball League, its Associations, and St. Louis Community College – Forest Park; the league director, sponsors; and the officers, directors, employees, representatives, and agents of any of the above; b) *I agree not to sue* any of the persons or entities mentioned above for any of the claims or liabilities that have waived, released or discharged herein; c) *I indemnify and hold harmless* the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions.

I agree to allow TSL, Inc. to utilize my photograph or any likeness of me created from my participation in the TSL Volleyball League sanctioned events or programs, without my approval in advance of such use, and without financial or other compensation due to me.

_____	_____	_____
<i>Printed Name</i>	<i>Participant's Signature</i>	<i>Date Signed</i>
_____	_____	_____
<i>Email address</i>	<i>Team Name</i>	<i>Session</i>

Instructions for completing League Roster:

Opening the Form

Your web browser may be configured with an Adobe Reader plug-in to automatically open the file within your browser's window when accessed. We recommend that you save the PDF file to your computer and access the file locally. This allows the full Adobe Reader application to interface with the product. To download the file directly to your local drive, right click on the form then select "Save Target/Link As..." from the menu. Use Adobe Reader to open the file.

Fill-in forms with the ability to save locally may generate a dialog/message box when opened within Adobe Reader. If you are using Adobe Reader 8.16 or later, the dialog box will indicate that document rights have been applied to the PDF file and you can save the completed fill-in form. If you are using a version of Adobe Reader prior to Version 8.16, the dialog box will indicate that some features of the document will not operate and you will be prompted to obtain a newer version of Adobe Reader.

Completing the Form

When positioning the cursor on a fill-in area or element, the cursor will change appearance. The I-beam pointer allows you to type text.

Enter the appropriate data in each box or field. To move from one field to the next, press the Tab key. You can also use your cursor to move from field to field. Place your cursor in the field you want to fill in, then left-click.

Some fields limit the maximum number of characters you can enter and may automatically advance to the next field.

For additional help with fill-in forms, see the Adobe Reader's online help information. <http://get.adobe.com/reader/>

Once you've completed the form, please return via email to TSL-VB@teamsaintlouis.org

See you on the courts!